

Labor Activity on April 1, 2025

On Tuesday, April 1, a limited number of unionized employees at UC San Diego Health will be on strike. This strike action is related to contract negotiations between the unions representing health care technical, professional and service personnel and the entire University of California (UC) system. It affects all UC Health Systems, student health centers and campuses, including UC San Diego Health.

Rest assured, Student Health and Well-Being will remain open during its regularly scheduled hours of operation. The care of our students, patients, and clients is our highest priority. Below is important information:

- **Counseling and Psychological Services (CAPS)**

- CAPS Central Office at Galbraith Hall Room 190 will be open for urgent services (via walk-in, virtual video visits, or phone visits) from 8 a.m. to 4 p.m.
- Staff will be available to respond to inquiries from students, staff, and stakeholders during this time.
- After business hours, CAPS after-hours service will be available by calling 858-534-3755 (select option 2).
- Additional resources include the following:
 - Call or text 988 – the lifeline for behavioral health crisis and suicide prevention
 - Crisis Text Line – text HOME to 741741 anytime, 24/7
 - Visit <https://caps.ucsd.edu> for additional information.

- **Student Health Services (SHS)**

- SHS will maintain regular hours with appointments continuing as scheduled in Primary Care, Reproductive Health, Urgent Care, Nurses Clinic, and Optometry. Lab, Pharmacy and X-ray will continue to provide support services.
- Availability of services is subject to change based on day-of staffing.
- Additional information available at <https://studenthealth.ucsd.edu>.

- **Triton CORE**

- Triton CORE will continue to operate and respond to welfare checks for students experiencing behavioral health crises from 9 a.m. to 6 p.m.
- Triton CORE Manager will also be available for phone consultations from 6 p.m. to 10 p.m.
- In addition, CAPS after-hours line will be available. Call 858-534-3755 (select option 2).
- For behavioral health crisis, 988 is available as well as the Text Line (text HOME to 741741) anytime, 24/7.
- Visit <https://tritoncore.ucsd.edu> for more information.

- **Health Promotion Services (HPS)**

- Health Promotion Services will provide services as normal. Appointments can be scheduled online through [MyStudentChart](#).
- Events and collegiate recovery meetings are listed on our calendar at healthpromotion.ucsd.edu.
- The Zone well-being lounge in Price Center Plaza will be open and the Condom Concierge and Naloxone Distribution will have normal hours throughout the week.
- For questions about services, please contact us at hps@health.ucsd.edu or visit <https://healthpromotion.ucsd.edu>.

Thank you for your continued partnership and collaboration.

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